

NMP*Positiv*iT

The Chord

Third steps.....rhythm time!

We have now been training our fingers to hold down the shapes. Now we need to add some rhythm.

Strum this sequence, making sure you count each bar. Exercise 1 is **Tea Cof-fee Tea Cof-fee**

Exercise 2 is **Cof-fee Tea Cof-fee Tea** . Exercise 3 is a little more complicated try saying **1 2 and 3 and 4**, the 3 will be silent.

We need to strum up and down. Just practice strumming up and down, make some noise!

↑ Up stroke

↓ down stroke

Ex.1	↓ ↓↑ ↓ ↓↑ 1 2 & 3 4 &	↓ ↓↑ ↓ ↓↑ 1 2 & 3 4 &	↓ ↓↑ ↓ ↓↑ 1 2 3 4	↓ ↓↑ ↓ ↓↑ : 1 2 3 4
Ex.2	↓↑ ↓ ↓↑ ↓ 1 & 2 3 & 4	↓↑ ↓ ↓↑ ↓ 1 & 2 3 & 4	↓↑ ↓ ↓↑ ↓ 1 & 2 3 & 4	↓↑ ↓ ↓↑ ↓ : 1 2 3 4
Ex.3	↓ ↓↑ ↑↓ 1 2 & 3 & 4	↓ ↓↑ ↑↓ 1 2 & 3 & 4	↓ ↓↑ ↑↓ 1 2 & 3 & 4	↓ ↓↑ ↑↓ : 1 2 & 3 & 4

Try playing these along to Mr Tim Smiths Drum loop tracks start on the 80BPM then 100 then 120.

You can also work on your chords here too. <http://www.nmpat.co.uk/resources>

Now try and play the exercises from the second steps using each of you new strum patterns.

Ex.1	G	D	Em	C :
Ex.2	G	Em	C	D :
Ex.3	G	D	C	Em :
Ex.4	G	C	D	Em :

Strumming chords and creating rhythm patterns is difficult and takes time. Don't worry if you make mistakes. Keep things simple. Try to listen and watch videos of acoustic guitar players playing. Here's a link to a band playing their song Zombie on acoustic guitars. See how they strum.

<https://youtu.be/7nKZt8uz9ZM>

The chords for this are simply a bar of **Em C G D** all the way through! Give it a go....