

NMPAT

Northamptonshire Music and Performing Arts Trust

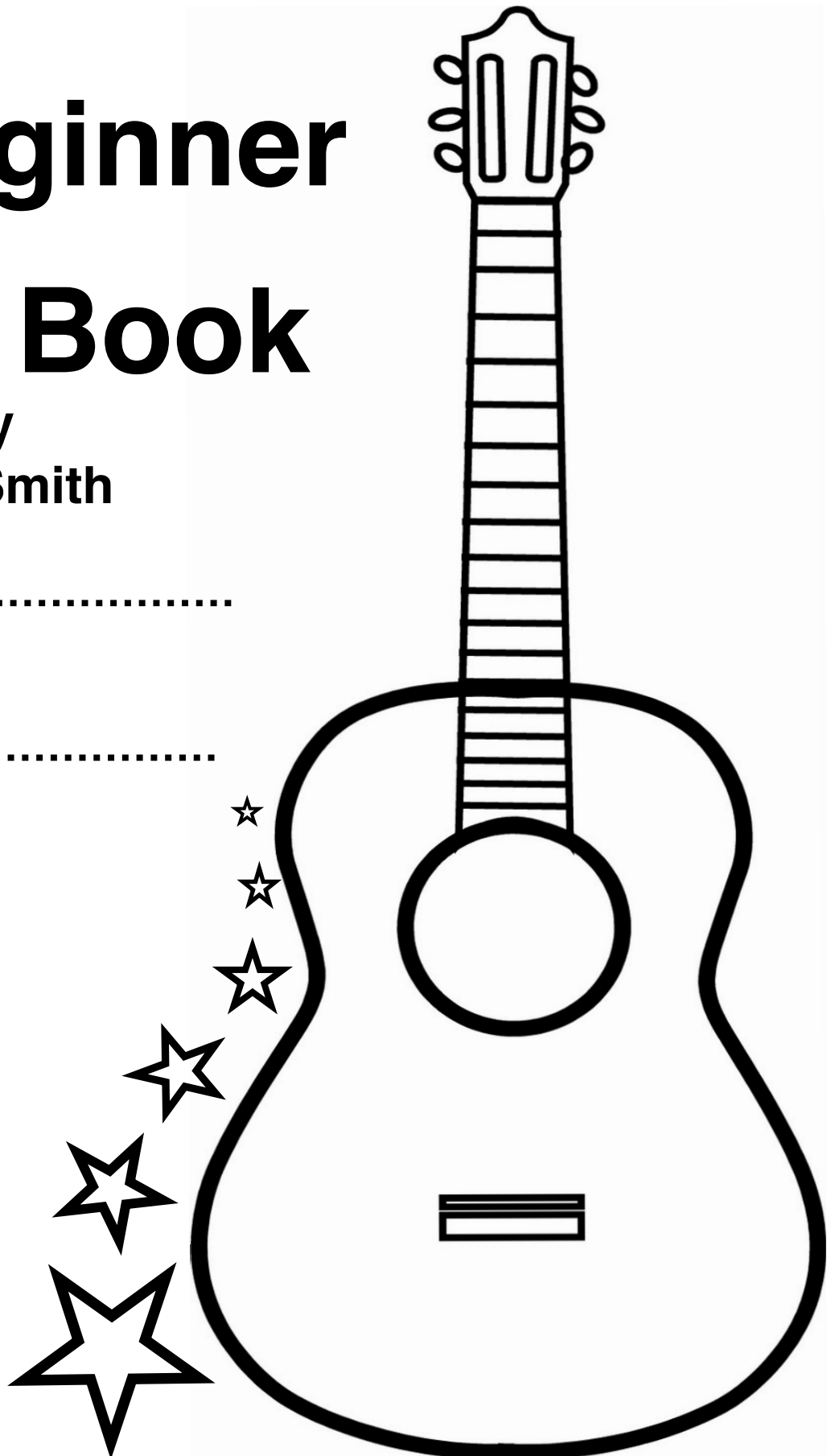


My Beginner Guitar Book

By
Mr T Smith

Name.....

School.....






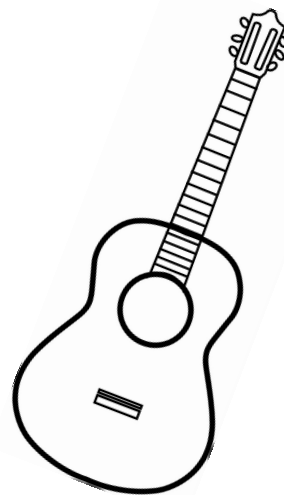
Welcome to the Guitar team!

Hello! My name is and I will be your teacher.

Lessons will normally be in school on
.....

Each lesson remember to bring....

-  Your guitar
-  This book
-  Your practice diary










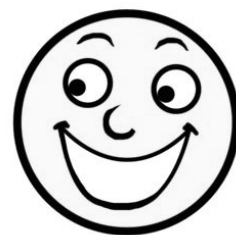
To become an awesome guitar player you will need to play at home as well as in the lesson. Ask your family to help you with this. Look at your practice diary to see what you need to practise each week.

This book will get you started. Later on you will need to buy a tutor book. The book will be **Guitar Basics by John Longworth and Nick Walker.**

A guitar foot stool and music stand are two things you might like to get too.

Remember...

-  Look after your instrument. Guitars have feelings too!
-  If there is a problem with your guitar let me know and I'll suggest how we can fix it.
-  You should play your guitar everyday.
-  Always try and get the best sound you can.
-  Be sure to sit up straight when you play and remember which leg the guitar rests on.
-  Keep those fingers walking!
-  Most importantly...ENJOY!



Playing an instrument is a very special thing.

Playing position



Put your guitar on your left leg.



Put your right elbow on the top of the guitar.



Make a bridge shape with your arm so that your wrist doesn't touch the body of the guitar.



Rest your thumb on the string nearest the ceiling.



Make a train tunnel shape with your hand.



The E and B strings

Sock & Roll



E E E E E E E E

E E E E E E E E

E E E E E E E E

E E E E E E E E

shh shh shh shh shh shh shh shh

E E E E E E E E

Johnny "Bee" Goode

B B B B B B B B

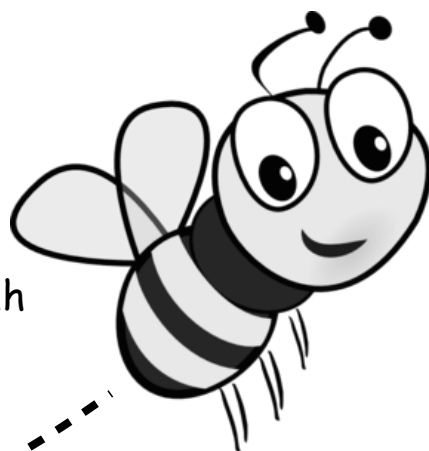
B B B B B B B B

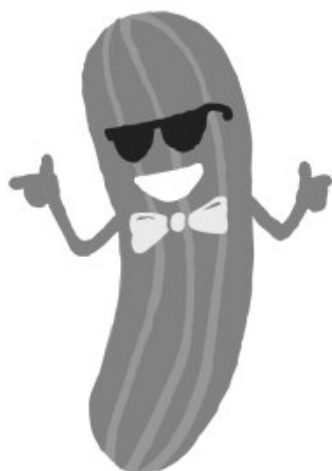
B B B B B B B B

B B B B B B B B

shh shh shh shh shh shh shh shh

B B B B B B B B





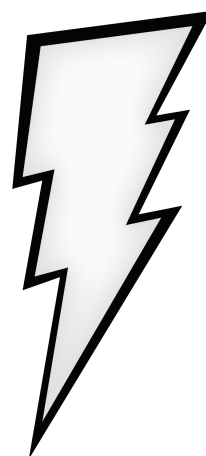
Cool Cucumber

E B E B E E E shh
 E B E B B B B shh
 E E E shh B B B shh
 E E E shh E shh shh shh

Remember to walk your fingers!

BE/BB

B E B E B B B shh
 B E B E E E E shh
 B B B shh E E E shh
 B B B shh E shh shh shh



The E, B and G strings

The Colours of the Rainbow



E _ _ _ B _ _ _ G _ _ _ B _ _ _

B G B E B G E _ _

E _ _ _ B _ _ _ G _ _ _ B _ _ _

B E B E G B G B

E _ _ _ E _ _ _ E _ _ _

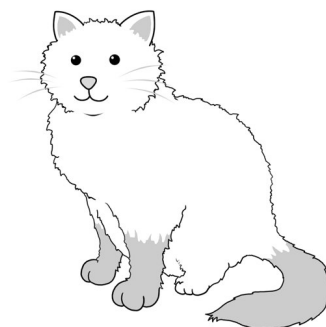
Ben the Cat

E E E E B B B B

G G G G B _ _ _ B _ _ _

E E E E B B B B

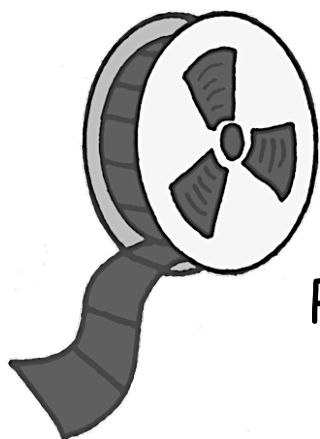
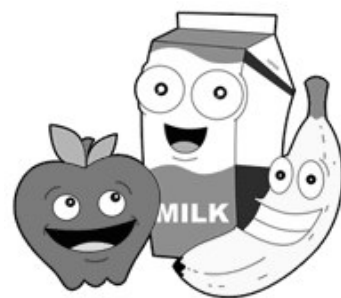
G G G G E _ _ _ E _ _ _



Let's Make Some Music

Say, clap then play some of these rhythms.
Try them on the notes you know.

Kiwi fruit
Carrots and peas
Apple slices "Yum! Yum!"

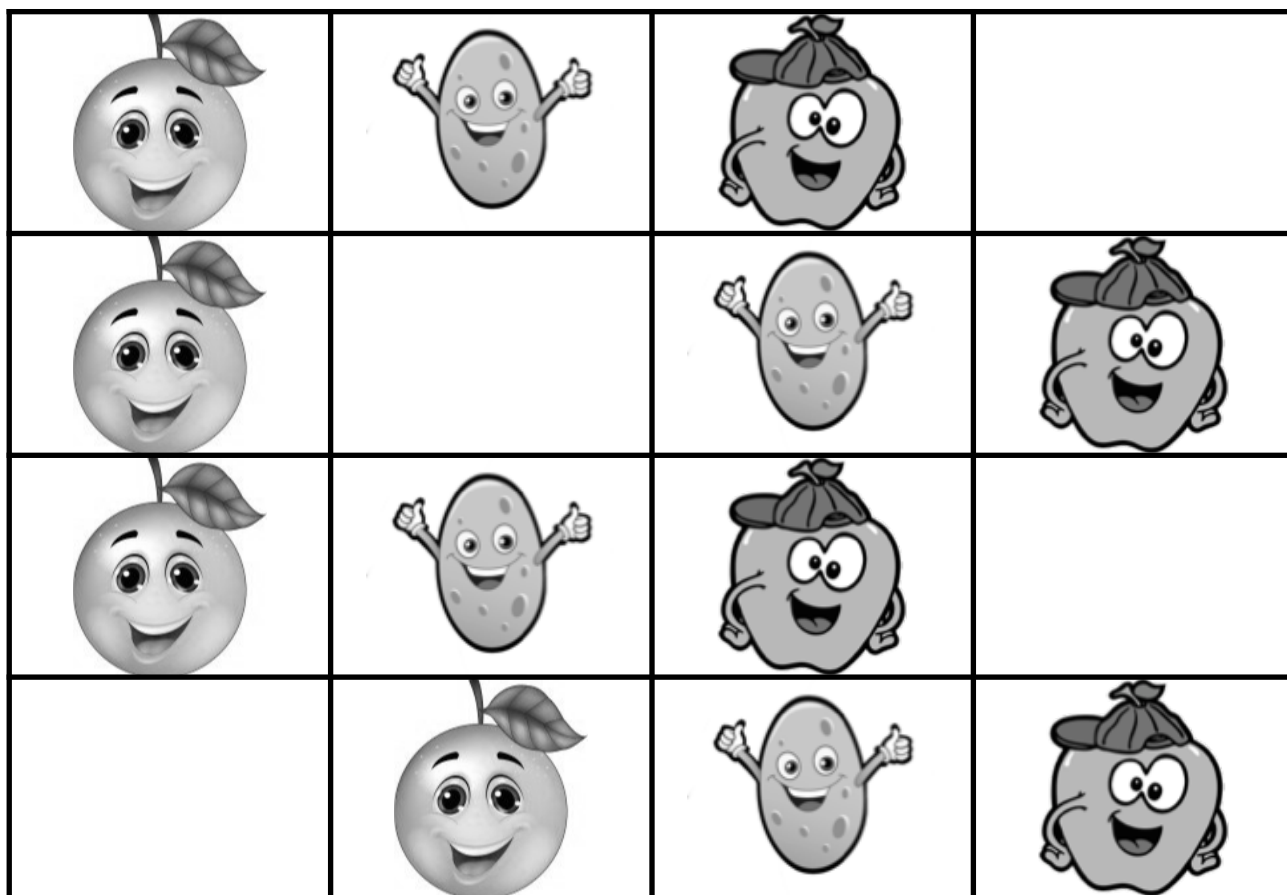


Monsters University
Robin Hood
Pirates of the Caribbean

My own rhythms:





Rhythm - a rhythm is a musical pattern

Play it Your Way!



Invent your own way to perform this piece.

Here are some things to think about:

-  Each character could be a note on the guitar?
-  Are there any 'shh' sounds?
-  How loud or soft is each character?
-  How quick is this music?



Why not play it to your class?

Title _____


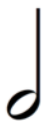
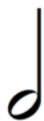


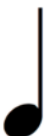
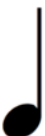
| | | | |
|--|--|--|--|
| | | | |
| | | | |
| | | | |
| | | | |

Make up your own piece using the characters on page 9.

Decide on which notes you will use.

Don't forget to give it a cool title!

Musical Maths

| | | | |
|--|---|---|---|
|  4 beats | | | |
|  2 beats | |  2 beats | |
|  1 beat |  1 beat |  1 beat |  1 beat |

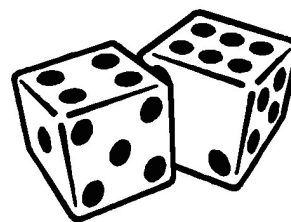
Write out your own patterns that add up to 4.

Here's an example:

$$\begin{array}{c}
 \text{half note} \quad \text{quarter note} \quad \text{quarter note} \\
 2 + 1 + 1 = \underline{4}
 \end{array}$$

| Pattern 1 | Pattern 2 | Pattern 3 | Pattern 4 |
|-----------|-----------|-----------|-----------|
| | | | |

Games



Elephant and Mouse

How loudly and softly can you play the note without it making a twangy sound.

Copy Cat

Listen to a short phrase that I play and then copy it back to me. Then we swap jobs!

Plug the Gap

We will decide a phrase together and play it. We will then take it in turns to make up an answering phrase in between.

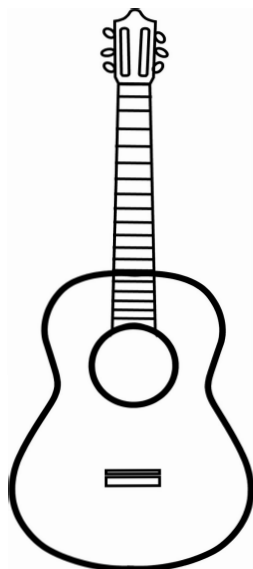
String Crosser

How quickly can you walk your fingers between two strings?



Resources

www.NMPAT.co.uk/resources : Check out the NMPAT resources page for other activities for every instrument.



4 Great Tips

1. Mark in your practise diary every time that you play and get your parents to sign it.
2. Practise in a quiet room with no distractions. Make sure you sit up straight; if you look good you will sound good! Your music book will need to be at the right height; if you are able to get a music stand this will really help.
3. Practise as often as you can and perform to your family and friends. Don't forget to take a bow!
4. Try and perform with other budding musicians. Your local Saturday Morning Music Centre is a great place to do this.